



**Safe Space  
to Speak**

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**Safle Saff i Siarad**

**MANIFESTO**

**YOUTH-LED**

**CO-PRODUCTION ETHICAL**

**ENCOURAGE CREATIVITY**

**RESILIENCE  
KINDNESS**

**EMPOWER**

**SAFE-SPACE**

**INSPIRE**

**EMPATHY**

**HONESTY**

**TRUST**

**TRANSPARENCY**

**COLLABORATION**

**INTEGRITY**

**AUTHENTICITY**

**ADVOCATE**

**INNOVATE COURAGEOUSLY**

**INCLUSIVITY**

**PATIENCE**

**MAKING GOOD TROUBLE.**

**VALUES.**

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**FROM THE OUTSET,  
WE ARE YOUTH-LED,  
AND WILL INSPIRE  
AND EMPOWER  
YOUNG PEOPLE.**

**1.**

**WE ARE AN  
INCLUSIVE  
COMMUNITY THAT  
RESPECTS  
INDIVIDUALITY.**

**2.**

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**INTEGRITY IS OUR  
WATCHWORD:  
WE ARE  
TRANSPARENT,  
ETHICAL, AND  
HONEST IN OUR  
ACTIONS.**

**3.**

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**WE ACT WITH  
KINDNESS AND  
RESPECT, CREATING A  
SAFE SPACE FOR OUR  
MEMBERS, AND  
ENGENDERING TRUST  
IN OUR ORGANISATION  
BY PRACTISING  
EMPATHY AND  
PATIENCE.**

**4.**

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**WE COLLABORATE  
AND ENGAGE IN  
CO-PRODUCTION  
WITH YOUNG  
PEOPLE.**

**5.**

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**WE INNOVATE  
COURAGEOUSLY  
FOR YOUNG  
PEOPLE.**

**6.**

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**WE EXIST TO  
BOLSTER RESILIENCE  
IN OUR COMMUNITY  
OF YOUNG PEOPLE,  
AND TO BE RESILIENT  
ON THEIR BEHALF,  
ADVOCATING FOR  
THEIR RIGHTS.**

**7.**

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**WE ENCOURAGE  
CREATIVITY AND  
THINKING, AND  
WE AIM TO  
INSPIRE AND  
EMPOWER  
YOUNG PEOPLE.**

**8.**

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**WE ARE  
AUTHENTICALLY  
OURSELVES IN ALL  
OUR ACTIONS.**

**9.**

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**WE  
MAKE  
GOOD  
TROUBLE,  
SPEAKING  
TRUTH TO  
POWER.**

**10.**

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# MANIFESTO AIMS.

Here follows our manifesto aims, as agreed in 2023. They are statements of intent, and will be enacted within the framework of our values.

**WE WILL ADDRESS  
ISSUES WITH ALL  
EXISTING SERVICES FOR  
YOUNG PEOPLE IN  
CEREDIGION, AND WILL  
CONSULT WITH THEM ON  
WAYS TO IMPROVE.**

**1.**

**WE WILL EMPOWER AND  
AMPLIFY YOUTH VOICE.  
WE ARE YOUTH-LED, AND  
WE WILL ENSURE THAT  
YOUNG PEOPLE'S VOICES  
AND OPINIONS ARE  
HEARD AND TAKEN  
SERIOUSLY.**

**2.**

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# **WE WILL DEMAND HIGH QUALITY SERVICES, USING THE FOLLOWING METHODS:**

**WE WILL** ESTABLISH A RATING SYSTEM FOR SERVICES, SO THAT YOUNG PEOPLE CAN BE AWARE OF THE QUALITY OF THE SERVICES AVAILABLE.

**WE WILL** USE THIS RATING SYSTEM TO HOLD EXISTING SERVICES ACCOUNTABLE FOR THEIR CURRENT WAYS OF WORKING.

**WE WILL** ENCOURAGE EXISTING SERVICES TO EVOLVE WITH CHANGING CIRCUMSTANCES.

**WE WILL** ESTABLISH CLEAR LINES OF COMMUNICATION WITH EXISTING SERVICES, ADOPTING A COLLABORATIVE APPROACH TO MAKING IMPROVEMENTS, AND ALWAYS ASKING, “HOW CAN WE HELP?” MORE FUNDING FOR SERVICES - ADVOCATE, EXPLAIN WHY IT’S IMPORTANT, BID FOR FUNDING.

**WE WILL LOBBY FOR  
SYSTEMIC CHANGE,  
BASED ON CONSULTATION  
WITH YOUNG PEOPLE AND  
THEIR VIEWS ON THE  
ISSUES WE SHOULD  
CAMPAIGN FOR.**

**4.**

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# IN 2023, THESE ARE AS FOLLOWS:

**STATIC SAFE SPACES:** YOUNG PEOPLE WANT SAFE SPACES IN THEIR TOWNS AND VILLAGES, AND WE WILL CAMPAIGN TIRELESSLY TO ENSURE ACCESS TO SAFE SPACES IN AS MANY AREAS AS POSSIBLE WITHIN CEREDIGION. SAFE SPACES ARE DEFINED IN POINT 10 OF OUR MANIFESTO AIMS.

**ACCESS TO SERVICES:** WE WILL USE OUR WORK IN POINT 3 OF OUR MANIFESTO TO ENSURE GOOD QUALITY SERVICES FOR YOUNG PEOPLE, AND AIM TO IMPROVE SIGNPOSTING AND THEREFORE ACCESS TO THESE SERVICES.

**TRANSPORT:** TRANSPORT WITHIN CEREDIGION IS NOT GOOD ENOUGH. YOUNG PEOPLE CONSIDER IT TO BE INFREQUENT, UNRELIABLE, OR TOTALLY UNAVAILABLE. THIS AFFECTS ACCESS TO ALL OF THE ABOVE.

4.

**WE WILL PROTECT GOOD,  
EXISTING SERVICES, BY  
GIVING OUR SUPPORT TO  
FUNDING BIDS,  
CONSULTING ON NEW OR  
IMPROVING PROJECTS,  
AND PROMOTING THEIR  
SERVICES TO YOUNG  
PEOPLE.**

**5.**

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**WE WILL ENSURE THE  
LONGEVITY OF THE S<sup>3</sup>  
LOBBY BY ENGAGING  
IN EFFECTIVE  
RECRUITMENT  
PRACTICES, AND  
AWARENESS  
CAMPAIGNS.**

**6.**

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**WE WILL ADVOCATE FOR  
THE VALUE OF YOUTH-LED  
SERVICES, WHICH ARE  
OFTEN OVERLOOKED.**

**WE ARE A REPRESENTATIVE BODY FOR YOUNG  
PEOPLE'S VIEWS.**

**WE WILL INFLUENCE FUTURE STRATEGY AND  
POLICY REGARDING YOUNG PEOPLE'S WELFARE  
AND WELLBEING.**

**7.**

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# **WE WILL SPEAK TRUTH TO POWER.**

**WE WILL BE RESILIENT AND UNAPOLOGETIC IN OUR DEMAND FOR BETTER SERVICES FOR YOUNG PEOPLE.**

**WE WILL BE ADAMANT THAT PEOPLE IN POSITIONS OF POWER SHOULD KEEP THE VIEWS OF YOUNG PEOPLE AT THE FOREFRONT OF ANY DEVELOPMENTS AIMED AT THIS DEMOGRAPHIC.**

**WE WILL DEMAND THAT THOSE IN POWER “STEP UP, OR STEP BACK” - HELP US TO MAKE SYSTEMIC CHANGES FOR THE GOOD OF YOUNG PEOPLE, OR ‘STEP BACK’.**

**WE WILL CAMPAIGN  
FOR SYSTEMIC  
CHANGE FOR THE  
BENEFIT OF YOUNG  
PEOPLE.**

**9.**

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**WE WILL CREATE SAFE SPACES FOR YOUNG PEOPLE.**

**WE WILL CHAMPION SERVICES WHO AIM TO CREATE EFFECTIVE SAFE SPACES, AND CALL OUT THOSE WHO CLAIM TO, BUT WHO DO NOT IN PRACTICE.**

**10.**

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# **A SAFE SPACE SHOULD BE:**

- **FREE AT THE POINT OF ACCESS.**
  - **A SPACE FOR YOUNG PEOPLE, BY YOUNG PEOPLE, SET WITHIN A FRAMEWORK OF TRUSTED PROFESSIONALS.**
  - **A SPACE THAT COMMUNICATES WITH YOUNG PEOPLE AND SIGNPOSTS TO AVAILABLE SERVICES.**
  - **A SPACE THAT ADVOCATES FOR THE RIGHTS AND WELLBEING OF YOUNG PEOPLE.**
  - **A SPACE WHERE A YOUNG PERSON CAN BE VULNERABLE WITHOUT BEING JUDGED.**
  - **A SPACE WHERE THERE IS NO STIGMA.**
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- **A FULLY INCLUSIVE SPACE.**
  - **A SPACE WHERE YOU CAN BE UNAPOLOGETICALLY YOURSELF.**
  - **A SPACE WHERE THERE ARE WARM DRINKS AND FOOD, WHICH IS COMFORTING.**
  - **A SPACE THAT ENCOURAGES INDIVIDUALITY.**
  - **A SPACE THAT CAN OFFER EQUITY, STABILITY, CONSISTENCY, AND RELIABILITY.**
  - **A SPACE THAT ENCOURAGES A SENSE OF COMMUNITY, AND HELPS TO BUILD SUPPORT NETWORKS.**
  - **A SPACE THAT GIVES THE SERVICE AND SERVICE USERS AN OPPORTUNITY FOR EARLY INTERVENTION IN, AND PREVENTION OF, MENTAL HEALTH CRISES.**
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